

## PERIODONTAL SPECIALISTS, P.A.

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A visit to  
**PERIODONTAL SPECIALISTS**  
 can improve your overall health  
 — and give you peace of mind.



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## bacon from schenker farms


WHAT WAS ONCE A DOWN HOME STAPLE HAS LEAPT OFF THE PLATE TO BECOME A POP-CULTURE ICON.

Google “bacon,” and you’ll find it comes in lollipops, ice-cream and rainbow colors. It can be battered and deep-fried, dipped in a martini or tucked into a dollop of cupcake frosting. And that’s just the food. Those familiar wavy stripes adorn adhesive bandages, dental floss, skateboards, T-shirts, wallets and water bottles. Even bikini models.

Sadly, for all its flavor and fun, bacon is loaded with enough saturated fat to land it at the bottom of the “Go, Slow, Whoa,” list. It’s a “sometimes” food.

But when “sometimes” is *now* and you can no longer fight your bacon craving, at least buy it from a local producer, like Schenker Family Farms in McKune, Kan.

One of the few Certified Naturally Grown farms in the country, Schenker Family Farms is also Animal Welfare Approved, which guarantees consumers that the farm animals are treated humanely. (The Animal Welfare Approved program began in 2006 and upholds the most stringent animal husbandry requirements in the nation.)

“We don’t use any pesticides or growth hormones on our livestock and feed,” says third-generation farmer Cherie Schenker, who adds that their livestock is grass fed, which produces healthier, chemically free products. 

Where to find Schenker Family Farms’ pork, beef and lamb:

- Squash Blossom Food Co-op  
[www.squashblossomcoop.org](http://www.squashblossomcoop.org)
- GreenAcres Market  
 4175 Mulberry Dr.  
 Kansas City, Mo.  
 816-746-0010
- Nature’s Pantry  
 19019 E. 48th St. South,  
 Independence, Mo.

